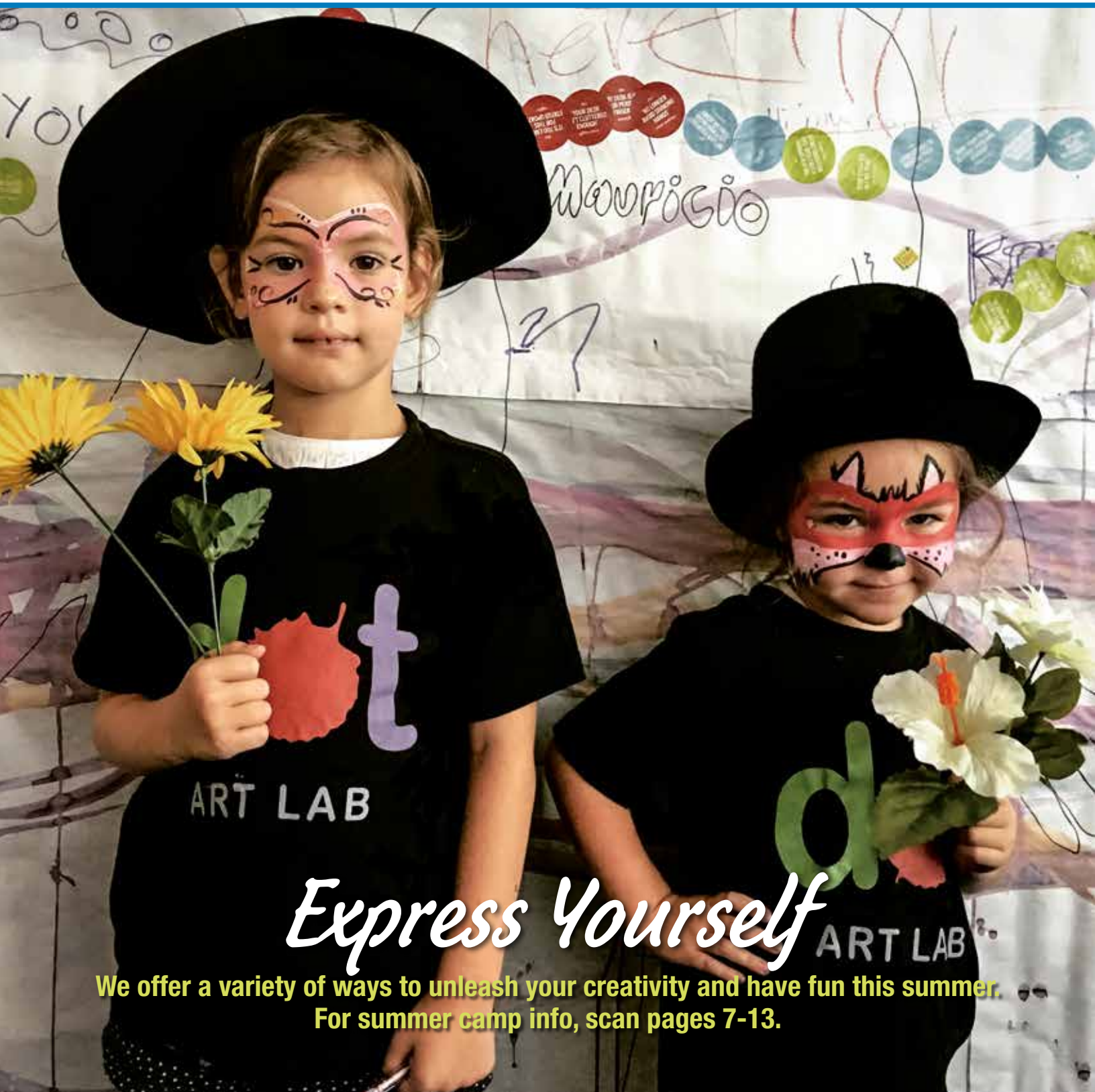


ACTIVE islander

SUMMER
2019



VILLAGE OF KEY BISCAINE COMMUNITY CENTER



Express Yourself

We offer a variety of ways to unleash your creativity and have fun this summer.
For summer camp info, scan pages 7-13.

Information for Residents

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Village Officials and Staff

Mayor Michael Davey
Vice Mayor Allison McCormick
Councilmember Luis Lauredo
Councilmember Edward London
Councilmember Brett Moss
Councilmember Katie Petros
Councilmember Ignacio Seguro
Village Manager
Andrea Agha
Director of Parks and Recreation
Todd Hofferberth
Community Center Manager & Asst.
Director of Parks and Recreation
Ana J. Colls

PARTY PACKAGES AND ISLAND ROOM RENTALS

Planning a party or special event? The Community Center offers a variety of party packages for groups of up to 30 people. Choose from our Basic Party Package; Arts and Crafts Package; Pool Party Package; or the Face-Painting and Balloon Art Party Package.

We also have facilities to accommodate adult parties, meetings and other special events. The Island Room (also known as the Multi-Purpose Room) on the second floor can accommodate up to 150 guests, offers small and large rooms, as well as a warming kitchen.

For more information or to schedule your next event, please visit or call the Community Center's front desk at 305-365-8900.

BEACH PARK ACCESS CARDS

The Village of Key Biscayne's Beach Park, a resident's only facility, requires an access card to enter the park. The access cards are available to Key Biscayne residents only. For additional information please call Ana de Varona at 305-365-7574 or email ADeVarona@KeyBiscayne.fl.gov.

To Obtain a Card: Beach Park access card applications are available online or at the front desk. Please allow 2-3 business days for new cards to be activated.

Proof of Residency: Proof of residency is required when applying for a beach access card. A photo ID plus one of the following is acceptable as proof of residency:

- Current vehicle registration certificate
- Copy of current real property tax bill or deed
- Certificate or letter from the Internal Revenue Service
- Current utility bill
- Tenants must bring an annual lease

Cards per Household: There is a limit of two (2) access cards per household and proof of residency is required for each card issued. A one-person household may only receive one access card.

Fees: There is no fee for the first access card(s). There is a replacement card fee of \$8.00 to de-activate the lost or stolen card and re-issue a new device.

PASSPORT SERVICES

The Village of Key Biscayne is a certified acceptance facility for U.S. passport applications. As a courtesy to our residents, this service is offered by the Parks and Recreation Department at the Community Center, located at 10 Village Green Way, second floor. Rules, downloadable forms, fees, travel advisories and other information are available at the U.S. State Department passport web page. For additional information or to make an appointment, call 305-365-8953. Passport processing also is available at the U.S. Post Office located in the L'Esplanade Shopping Center at 951 Crandon Boulevard. For more information, call 305-ASK-USPS.

Days	Monday to Friday
Hours	9:30 a.m.-4:00 p.m.

Note: Appointments are required.



FREE ON-ISLAND TRANSPORTATION FOR SENIORS

The Village of Key Biscayne offers free, local island transportation to pre-registered senior residents of Key Biscayne. Seniors must be 60 years of age or older, full- or part-time residents of Key Biscayne and pre-registered with Roxy Lohuis-Tejeda, Senior and Adult Programs Coordinator. Exceptions will be made for home health aides, nurses and other qualified personnel caring and assisting the registered user. This service is provided on Tuesdays, Wednesdays and Thursdays between 9:00 a.m. and 3:00 p.m. All passengers must be ready and waiting for pick up. The driver will wait only five minutes. Please call 305-365-8953 for more information or to make a reservation.

Message from the Village Manager



Making an Impact

Dear Islanders:

Since the last issue of *Active Islander*, Village staff has been building the groundwork for many pivotal projects and programs as we work to continually improve our Island Paradise.

As we enjoy the spring and summer months, I want to provide residents with an update on our beach maintenance and restoration efforts, as well as our water quality initiatives. I am happy to report that we have continued our beach maintenance activities and increased the service from 5 days to 7 days per week at a cost savings to residents by successfully renegotiating our contract with the service provider.

To improve the water quality at our local beaches, we are working diligently to investigate the issue. We have entered into a collaborative research agreement with the University of Miami, who will conduct comprehensive research and water sampling with the goal of identifying the source of the problem so that we can assess the Village's role in rectifying the situation.

Beach re-nourishment also remains a high priority. The Village of Key Biscayne is attempting to be a part of a 50-year Federal Shore Protection Program through a partnership with the U.S. Army Corps of Engineers, along with other local and state partners. This program will provide for long-term sustainability of the Village beaches. Our goal is to protect our shoreline against storm surge and other types of beach erosion. We recognize that our beach is also one of our most prized resources, and we want to ensure that we have a beautiful, safe and well-maintained beach for years to come.

Lastly, I am looking forward to another Key Biscayne Fourth of July. This is a very special day on Key Biscayne where the community comes together to celebrate our country. I really enjoyed participating in the festivities last year and I look forward to another spectacular parade and fantastic fireworks display.

Wishing everyone a safe and relaxing summer. See you at the beach!

Andrea Agha
Village Manager



Andrea Agha
Village Manager

COMMUNITY CENTER HOURS

General Hours of Operation

Monday - Friday 6:00 a.m. to 10:00 p.m.
Saturday and Sunday 8:00 a.m. to 8:00 p.m.

Pool Hours

(unless otherwise posted for classes and special programs)

Monday - Friday 6:15 a.m. to 8:45 p.m.
Saturday and Sunday 8:15 a.m. to 7:45 p.m.
Swim lanes are always available but may be limited for a class or special program.

Teen Room/Game Room

Monday - Friday 3:00 p.m. to 10:00 p.m.
Saturday and Sunday 10:00 a.m. to 8:00 p.m.

Indoor Playground

(children under age 10 must be supervised by an adult)

Monday - Friday 9:00 a.m. to 1:00 p.m.
(for children under the age of six)
3:00 p.m. to 8:00 p.m.
Saturday and Sunday 9:00 a.m. to 8:00 p.m.
Access may be limited during special events or parties.

Computer Lab Summer Hours

Monday - Friday 9:30 a.m. to 3:00 p.m. - Adults Only
3:00 p.m. to 6:00 p.m. - All Ages
Saturday and Sunday Available upon request

Gymnasium

The gym is available for basketball during all general hours of operation. Courts will generally be programmed in the afternoons after 3:00 p.m.

Adult Basketball

Saturday 10:00 a.m. to 12:00 noon
(ages 35 and up)

Membership Information

**Be an Active Islander – Join the Key Biscayne Community Center!
Just follow these easy steps:**



Complete the Community Center membership application

Forms are available at the front desk by calling 305-365-8900 or online at www.activeislander.org.



Show proof of residency

Proof of residency is required when applying for membership. A photo ID plus one of the following is acceptable as proof of residency: current vehicle registration certificate; copy of current real property tax bill or deed; certificate or letter from the Internal Revenue Service; current utility bill; tenants must bring a current lease; a yearly lease is required for an annual membership.



Pay the membership fee*

Membership can be paid by cash, check or credit card. Checks should be made payable to the Village of Key Biscayne.

Membership Categories

Category	Daily Resident	Daily Guest	Monthly	Yearly
Adults	\$9	\$13	\$55	\$300
Youth (10-18)	\$6	\$9	\$22	\$130
Senior (65+)	\$6	\$9	\$30	\$200
Student (19-25)	\$7	\$10	\$35	\$220
Couple	N/A	N/A	\$85	\$385
Senior Couple (both 65+)	N/A	N/A	\$50	\$300
Family (4 members)	N/A	N/A	\$110	\$525

*Note: Membership fees are subject to change.

Membership Category Descriptions

Adults—An adult membership is available to residents between the ages of 19 and 64, unless they are 25 or younger and currently enrolled in school.

Youth—A youth membership is available to any resident between the ages of 10 and 18.

Senior—A senior membership is available to any resident who is 65 or older.

Student—Any resident who is between the ages of 19 and 25 can apply for the student membership with proof of current school enrollment.

Couple—Any two individuals who reside at the same address may join as a couple. This would include one child and one adult or two adults.

Senior Couple—To qualify for a senior couple membership, both individuals must be 65 or older. If only one individual is over 65, the couple membership would apply.

Family—A family consists of up to four individuals, including no more than two adults who reside together. Families with more than four individuals may add additional family members at 50 percent off. Therefore, a family of five may add a third child for \$65.

Cancellation/Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

Rules & Regulations

Key Biscayne Community Center Policies

- Membership in the Key Biscayne Community Center is limited to Key Biscayne residents and employees of the Village of Key Biscayne.
- Residents who are not yearly or monthly members may use all Community Center amenities by purchasing a daily membership. The cost of a daily membership may be applied to the purchase of an annual membership if purchased that day.
- Daily membership for residents is not required for limited access to the building.
- Members must scan their membership ID card when entering the building.
- Children age 10 and older are allowed to enter the Community Center with their membership ID card.
- Children under the age of 10 must be accompanied by an adult (16 or older) or must be enrolled and attending a program to enter the Community Center.
- Access to the Wellness Center is restricted to members and guests ages 16 and older.
- There is no charge for a caregiver who accompanies a member, as long as the caregiver does not use the facility. The caregiver must stay with the member at all times.
- Village of Key Biscayne staff members are authorized to forbid access to the Community Center and request removal from the facility of any individual in the case of misconduct.

Code of Conduct

All participants in the Community Center are expected to behave in such a manner as not to disturb others using the facility. Please adhere to the following code of conduct in and around the building:

- No foul or abusive language
- No fighting or rough play
- No glass containers
- No tobacco products
- No pets
- No weapons
- No alcohol
- No bouncing basketballs outside the gymnasium
- Activity appropriate footwear required on gymnasium or dance floors
- Appropriate clothing required
- No running or bouncing balls in hallways, stairwells or near pool

Failure to follow this code of conduct could result in disciplinary action, including removal from the facility and/or suspension or cancellation of membership.

Guest Policy

- Guests must be accompanied by a resident who has purchased a yearly, monthly or daily membership.
- Guests must register at the front desk and must purchase a guest pass.
- Guest passes are non-refundable.
- A maximum of two guests per member can be brought per day, unless special arrangements are made in advance.

TODDLER ROOM DROP-IN CARE POLICIES

1. Drop-in care is for children one to five years of age (no exceptions).
2. Parents must sign in their child.
3. Punch Passes must be purchased at the front desk.
 - Member pass for 10 hours: \$70
 - Member pass per hour: \$7
 - Non-member one-hour pass: \$10
4. Drop-in care is on a first-come, first-serve basis.
5. There is an eight-to-one and a 15-to-two ratio: We reserve the right to reduce that limit if the number of younger children is too high.
6. There is a two-hour maximum time slot for each child (no exceptions).
7. Parents or guardians are responsible for all diaper changes.
8. Parents must be in the Key Biscayne Community Center while their child is in childcare.
9. Sick children will be denied entry to the drop-in program.
10. If a child is acting in an inappropriate or disrespectful manner, the parents will be called to remove the child.

Toddler Room Drop-In Care Hours of Operation

Monday - Friday	8:00 a.m.-12:00 noon
	4:00 p.m.-8:00 p.m.
Saturday and Sunday	Closed

- A guest may attend the Community Center a maximum of 12 times per calendar year.
- A guest may register for a class or activity provided space is available the day of the class.
- Members are responsible for the conduct of their guests, including supervision of children. Members will be responsible for any damage to equipment or facilities caused by their guests.
- A member who brings a guest who is disruptive and/or breaks the code of conduct may be subject to losing any and all privileges.

Refund Policy

It's our goal to ensure that you enjoy our recreation programs. Therefore, if you are not completely satisfied with a class or program or are unable to participate for medical reasons, please contact us immediately. Credits or refunds will be considered for anyone who makes a request before the start of the second class or program. Requests received after the start of the second class or program may entitle the participant to a prorated refund. No refund or credit requests will be considered after an activity or program has concluded. Certain Trips and Tours may be transferable but non-refundable (please check with the Front Desk). Group Exercise Punch Passes are non-transferable and non-refundable. Community Center memberships are non-transferable and non-refundable.

ADA Policy

The Village of Key Biscayne gladly complies with the provisions of the Americans with Disabilities Act. Persons needing reasonable accommodation to attend or participate in any program may call 305-365-8900. Please allow two weeks prior to the activity or need of assistance to accommodate the request.

Summer Camp Overview

CRAZY FOR CAMP

We've kicked it up a notch this summer with a camp selection that's out of control! There are tons of fun camp options to choose from. Turn to pages 7-13 to see what's in store.

WEEK 1		JUNE 10-14
	Days	Time
KBCC Camp	Monday-Friday	8:00 a.m.-4:00 p.m.
Swim & Sports Camp for Pre-Schoolers	Monday-Friday	9:00 a.m.-12:00 p.m.
Science & Art Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
Volleyball Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
All Sports Camp	Monday-Friday	10:00 a.m.-2:00 p.m.
MVSA Acro-Mania Camp	Monday-Friday	12:00-4:00 p.m.
Broadway Musical Theatre Workshop	Monday-Friday	2:00-5:00 p.m.
Triathlon Camp	Tuesday & Thursday	10:15 a.m.-1:00 p.m.

WEEK 2		JUNE 17-21
	Days	Time
KBCC Camp	Monday-Friday	8:00 a.m.-4:00 p.m.
Swim & Sports Camp for Pre-Schoolers	Monday-Friday	9:00 a.m.-12:00 p.m.
Young Artist Camp	Monday-Friday	10:00 a.m.-1:00 p.m.
Basketball Camp	Monday-Friday	10:00 a.m.-2:00 p.m.
Girls Sports Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
MVSA Acro-Mania Camp	Monday-Friday	12:00-4:00 p.m.
Broadway Musical Theatre Workshop	Monday-Friday	2:00-5:00 p.m.
Triathlon Camp	Tuesday & Thursday	10:15 a.m.-1:00 p.m.

WEEK 3		JUNE 24-28
	Days	Time
KBCC Camp	Monday-Friday	8:00 a.m.-4:00 p.m.
Swim & Sports Camp for Pre-Schoolers	Monday-Friday	9:00 a.m.-12:00 p.m.
Marine Biology Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
Robotics Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
All Sports Camp	Monday-Friday	10:00 a.m.-2:00 p.m.
Young Artist Camp	Monday-Friday	10:00 a.m.-1:00 p.m.
MVSA Acro-Mania Camp	Monday-Friday	12:00-4:00 p.m.
Coding Camp	Monday-Friday	1:30-4:30 p.m.
Broadway Musical Theatre Workshop	Monday-Friday	2:00-5:00 p.m.
Triathlon Camp	Tuesday & Thursday	10:15 a.m.-1:00 p.m.

WEEK 4		JULY 1-5
	Days	Time
KBCC Camp	Monday-Wednesday	8:00 a.m.-4:00 p.m.
Science & Art Camp	Monday-Wednesday	9:00 a.m.-1:00 p.m.

WEEK 5		JULY 8-12
	Days	Time
KBCC Camp	Monday-Friday	8:00 a.m.-4:00 p.m.
Swim & Sports Camp for Pre-Schoolers	Monday-Friday	9:00 a.m.-12:00 p.m.
Volleyball Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
Broadway Musical Theatre Workshop	Monday-Friday	2:00-5:00 p.m.
Triathlon Camp	Tuesday & Thursday	10:15 a.m.-1:00 p.m.

WEEK 6		JULY 15-19
	Days	Time
KBCC Camp	Monday-Friday	8:00 a.m.-4:00 p.m.
Swim & Sports Camp for Pre-Schoolers	Monday-Friday	9:00 a.m.-12:00 p.m.
Girls Sports Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
Young Artist Camp	Monday-Friday	10:00 a.m.-1:00 p.m.
MVSA Fashion Dance Camp	Monday-Friday	12:00-4:00 p.m.
Broadway Musical Theatre Workshop	Monday-Friday	2:00-5:00 p.m.
Triathlon Camp	Tuesday & Thursday	10:15 a.m.-1:00 p.m.

WEEK 7		JULY 22-26
	Days	Time
KBCC Camp	Monday-Friday	8:00 a.m.-4:00 p.m.
Swim & Sports Camp for Pre-Schoolers	Monday-Friday	9:00 a.m.-12:00 p.m.
Young Artist Camp	Monday-Friday	10:00 a.m.-1:00 p.m.
Flag Football Camp	Monday-Friday	10:00 a.m.-2:00 p.m.
MVSA Fashion Dance Camp	Monday-Friday	12:00-4:00 p.m.
Broadway Musical Theatre Workshop	Monday-Friday	2:00-5:00 p.m.
Triathlon Camp	Tuesday & Thursday	10:15 a.m.-1:00 p.m.

WEEK 8		JULY 29-AUGUST 2
	Days	Time
KBCC Camp	Monday-Friday	8:00 a.m.-4:00 p.m.
Swim & Sports Camp for Pre-Schoolers	Monday-Friday	9:00 a.m.-12:00 p.m.
Science & Art Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
Basketball Camp	Monday-Friday	10:00 a.m.-2:00 p.m.
MVSA Fashion Dance Camp	Monday-Friday	12:00-4:00 p.m.
Broadway Musical Theatre Workshop	Monday-Friday	2:00-5:00 p.m.
Triathlon Camp	Tuesday & Thursday	10:15 a.m.-1:00 p.m.

WEEK 9		AUGUST 5-9
	Days	Time
KBCC Camp	Monday-Friday	8:00 a.m.-4:00 p.m.
Swim & Sports Camp for Pre-Schoolers	Monday-Friday	9:00 a.m.-12:00 p.m.
Volleyball Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
Robotics Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
Science & Art Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
All Sports Camp	Monday-Friday	10:00 a.m.-2:00 p.m.
MVSA Ballerina Camp	Monday-Friday	12:00-4:00 p.m.
Coding Camp	Monday-Friday	1:30-4:30 p.m.
Broadway Musical Theatre Workshop	Monday-Friday	2:00-5:00 p.m.
Triathlon Camp	Tuesday & Thursday	10:15 a.m.-1:00 p.m.
Brain Camp	Monday-Friday	9:00 a.m.-12:00 p.m.

WEEK 10		AUGUST 12-16
	Days	Time
KBCC Camp	Monday-Friday	8:00 a.m.-4:00 p.m.
Swim & Sports Camp for Pre-Schoolers	Monday-Friday	9:00 a.m.-12:00 p.m.
Young Engineers Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
Girls Sports Camp	Monday-Friday	9:00 a.m.-1:00 p.m.
Flag Football Camp	Monday-Friday	10:00 a.m.-2:00 p.m.
MVSA Ballerina Camp	Monday-Friday	12:00-4:00 p.m.
Broadway Musical Theatre Workshop	Monday-Friday	2:00-5:00 p.m.
Brain Camp	Monday-Friday	9:00 a.m.-12:00 p.m.

Summer Camp Programs

KBCC SUMMER CAMP

Camp Director: David Plotkin

It's that time of year again! There's a new adventure every week at KBCC Summer Camp, including awesome field trips to a variety of cool destinations. You'll also get to enjoy your favorite camp activities such as computer lab, movies, field games, arts and crafts, swimming and much more. Campers will receive 2 shirts at registration. Additional shirts are available for \$7. Registration is available per week or per day (pro-rating is not allowed). Register in advance to ensure proper staffing and child supervision. Field trips and daily snack are included in the camp fees.

**Note: There is no camp on Thursday, July 4th or Friday, July 5th. Camp will take place during Session 4 but without field trips.*

Ages	K-8th grade
Days	Monday-Friday
Time	8:00 a.m.-4:00 p.m.

Field Trips

*(*every Tuesday & Thursday except Session 4)*

Session 1: June 10-14

June 11	Dandy Bear
June 13	Sky Zone

Session 2: June 17-21

June 18	Monkey Jungle
June 20	Game-Time

Session 3: June 24-28

June 25	Movie at Sunset Place
June 27	Frost Science Museum

Session 4: July 1-5*

July 2	N/A
July 4	N/A

Session 5: July 8-12

July 9	Funderdome Indoor Playground
July 11	Venetian Pool

Session 6: July 15-19

July 16	Bowlero Bowling Alley
July 18	Miami Children's Museum

Session 7: July 22-26

July 23	Auto Museum & Arcade
July 25	FunDimension

Session 8: July 29-August 2

July 30	Movie at Sunset Place
August 1	Ninja Lounge Trampoline Park

Session 9: August 5-9

August 6	Miami Seaquarium
August 8	Jumpin' Jamboree

Session 10: August 12-16

August 13	Movie at Sunset Place
August 15	End-of-Summer BBQ Pool Party at KBCC

Camp Fees

Member Fee	\$190/week or \$50/day
Non-Member Fee	\$230/week or \$60/day

Late Care (4:00-6:00 p.m.)

Pick-ups any time after 4:15 p.m. will be charged the full late care fee.

Member Fee	\$10 per day
Non-Member Fee	\$15 per day

Field Trip Policy

In order to participate in scheduled field trips (every Tuesday and Thursday), children must be registered by the Monday of that week. Children not registered by that Monday will not be allowed to attend the field trip and cannot stay for camp. An accurate count of campers is necessary to ensure adequate staffing, transportation and ticket purchases.



Summer Camp Programs



YOUNG ARTIST CAMP

Embark on an exciting art journey where you'll not only learn about the most influential art movements and artists in history, but also enjoy a hands-on project based on each famous artist. Explore Picasso, Matisse and Van Gogh among others through drawing, painting, collage, printmaking and sculpture using a large variety of materials and techniques. Have fun while you find out what it takes to become an artist yourself! The camp is led by Key Biscayne resident and Visual Artist Laura Villarreal (www.LauraVillarreal.com). She combines creativity through hands-on experimentation and an art history reference approach. The camp fee includes all materials and one daily project. For more information, call Laura Villarreal at 305-804-8624.

Ages	5-13 years
Days	Monday-Friday
Time	10:00 a.m.-1:00 p.m.
Location	Arts and Crafts Room
Instructor	Laura Villarreal

Session 1	June 17-21
Session 2	June 24-28
Session 3	July 15-19
Session 4	July 22-26

Member Fee	\$240
Non-Member Fee	\$288

SCIENCE & ART CAMP

This camp offers fun, hands-on interactive activities led by the professional staff of Nutty Scientists™ who use a unique award-winning methodology, which includes a science, art and mathematics curriculum. Children's imagination will be kept alive this summer with weekly fun science experiments. Camp fee includes all materials. Lunch is not included. Participants must register for entire week. For questions, please contact Erika@NuttyScientists.com.

Ages	5-10 years
Days	Monday-Friday
Time	9:00 a.m.-1:00 p.m.
Location	Arts and Crafts Room
Instructor	Nutty Scientists™ Instructor

Session 1	June 10-14
Session 2	July 1-3 (pro-rated)
Session 3	July 29-August 2
Session 4	August 5-9

Member Fee	\$160
Non-Member Fee	\$192

MARINE BIOLOGY CAMP

Professor Loisel has taught marine biology to students of all ages for more than five decades and was the host of the PBS television series *Marine Aquarium World*. For more than three decades, he has brought this unique camp experience to Key Biscayne. During the week, kids will explore the rocky inter-tidal zone at Bear Cut, learn about interesting marine animals, visit the Miami Seaquarium, learn to tag fish for scientific research and much more! Participants must register for the entire week.

Ages	8-14 years
Days	Monday-Friday
Time	9:00 a.m.-1:00 p.m.
Instructor	Gerard Loisel

Session	June 24-28
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Member Fee	\$190
Non-Member Fee	\$228

Summer Camp Programs

YOUNG ENGINEERS CAMP

Kid Archimedes offers young engineers play-based, hands-on creative resources and activities where children "get lost" in the joy of designing, building, playing, making, sharing and learning. This includes tabletop structures built with magnets or plastic or wood pieces (such as tiny LEGOs and marble runs); adult-size structures built with giant LEGOs, multi-colored PVC tubes and connectors or cardboard boxes with plastic tools and screws; classics like spin art, tie-dye and bracelet making; homemade magic tricks; and kid-favorites like air-launched paper rockets and My Pet Squiddy (Cartesian Diver). The options for free, creative, loose parts play that combines a bit of science, engineering, art and "making" are nearly endless. Camp fee includes all materials. Campers should bring a snack, light lunch and drink each day. Campers must register for entire week; pro-rating is not allowed. **Deadline to register is August 9.** For more information, visit www.KidArchimedes.com or email KidArchimedes@gmail.com.

Ages	4-12 years
Days	Monday-Friday
Time	9:00 a.m.-1:00 p.m.
Location	Arts & Crafts Room
Instructor	Kid Archimedes
Session	August 12-16
Member Fee	\$285
Non-Member Fee	\$342



ROBOTICS CAMP

Whether you are a beginner or advanced robot builder, this week-long camp will teach you how to be an engineer by learning basics in programming, playing with LEGOS®, building sturdy robots and much more. Learn drag-and-drop programming with Scratch (a project of the MIT Media Lab). Students will build cars, animals and machines using Lego NXT or Lego EV3 robots. They will have competitions between each other and use gears and gear ratios to learn how to make cars go faster and make them stronger. Don't miss this unique opportunity to learn from a robotics specialist! Camp fee includes the cost of materials. Participants must register for the entire week. For more information, contact instructor Maria Teresa Valle at MValle99@aol.com or 305-799-6242.

Ages	7-12 years
Days	Monday-Friday
Time	9:00 a.m.-1:00 p.m.
Location	Island Room
Instructor	Maria Teresa Valle
Session 1	June 24-28
Session 2	August 5-9
Member Fee	\$300
Non-Member Fee	\$360



CODING CAMP

Coding enables us to create computer software, applications ("apps") and websites. Your browser, operating system (OS) and apps on your phone are all made using code. Learning to code enables children to develop logical thinking and improve problem-solving skills. It also helps them understand computer technology in our automated world. Students will learn how instructions make characters animate on the screen. Less experienced students will learn about patterns, repeat clause, loops, algorithms and functions while creating a story or making a simple game. More experienced students will apply their knowledge of coding and computer science to make games, draw artistic projects or even animate their projects. They will be using Scratch, Code.org, JavaScript language and Python for more advanced projects. Camp is limited to 15 students. For more information, contact instructor Maria Teresa Valle at MValle99@aol.com or 305-799-6242.

Ages	7-12 years
Days	Monday-Friday
Time	1:30 p.m.-4:30 p.m.
Location	Computer Lab
Instructor	Maria Teresa Valle
Session 1	June 24-28
Session 2	August 5-9
Member Fee	\$260
Non-Member Fee	\$312



Summer Camp Programs



SPORTS CAMPS

Calling all sports enthusiasts! Whether you are a sports pro or want to learn some new skills, you'll have a blast in Tony Goudie's sports camps. Each week, Tony offers a fun-filled camp experience where you'll make new friends and memories to last a lifetime. This is a non-competitive environment where you can play your favorite games and perhaps learn a new sport.

Ages	6-14 years
Days	Monday-Friday
Time	10:00 a.m.-2:00 p.m.
Location	Gymnasium & Outdoors
Instructor	Tony Goudie
Member Fee	\$160/week or \$40/day
Non-Member Fee	\$192/week or \$48/day

Basketball Camp

Session 1	June 17-21
Session 2	July 29-August 2

All Sports Camp

Session 1	June 10-14
Session 2	June 24-28
Session 3	August 5-9

Flag Football Camp

Session 1	July 22-26
Session 2	August 12-16

CO-ED VOLLEYBALL CAMP

Take your game to the next level with quality training from Key Biscayne's own volleyball coaches. Players will be challenged to develop and/or strengthen their volleyball skills including serving, passing, hitting and setting. Fun and diverse game-like drills will develop the whole player. Pro-rating is not allowed. Please make sure campers bring a snack and/or lunch each day. Food is available for purchase at the KBCC Corner Café. For more information, contact Coach Johanna Aguiar at JGumaAguiar@KBGirlsVolleyball.com or 786-255-9449.

Ages	5-14 years
Days	Monday-Friday
Time	9:00 a.m.-1:00 p.m.
Location	Gymnasium
Instructor	Coach Johanna Aguiar

Session 1	June 10-14
Session 2	July 8-12
Session 3	August 5-9

Member Fee	\$190
Non-Member Fee	\$228

GIRLS SPORTS CAMP

This camp will help foster girls' love for sports and instill self-confidence to last a lifetime. With passionate young role models serving as camp counselors and creating a supportive environment, girls will be exposed to a variety of sports and learn the related skills and values that can be applied to their own lives. Campers will participate in a variety of sports, including volleyball, basketball, softball, soccer, flag football, Ultimate Frisbee, dodgeball and much more! Please make sure campers bring a snack and/or lunch each day. Food is available for purchase at the KBCC Corner Café. For more information, contact Coach Johanna Aguiar at JGumaAguiar@KBGirlsVolleyball.com or 786-255-9449.

Ages	5-14 years
Days	Monday-Friday
Time	9:00 a.m.-1:00 p.m.
Location	Gymnasium & Outdoors
Instructor	Coach Johanna Aguiar

Session 1	June 17-21
Session 2	July 15-19
Session 3	August 12-16

Member Fee	\$190
Non-Member Fee	\$228



Summer Camp Programs

TRIATHLON CAMP

Tri4Kidz presents a 6-day camp designed for beginner to intermediate level triathletes ages 7 to 15 years. Taught exclusively by a USA Triathlon Certified Coach, the camp focuses on the triathlon fundamentals: swimming, biking, running and transition. The camp will feature simulated open water swim training in the pool, transition tips and practice, bike mounting/dismounting drills, proper cycling form and safety, run technique practice and stretching. A fun field trip to a mountain bike trail will also be offered. Camp will culminate with a mini-triathlon by age groups. While previous triathlon experience is not required, participants must be able to swim 100 meters without stopping, run 1/4 mile, bike 2 miles without training wheels and have a signed parent waiver. Each participant must have his/her own bicycle and helmet. Fee includes healthy refreshments, snacks, T-shirt and all activities. Camp requires a minimum of 6 participants. For more information, contact Coach Lilly at info@tri4kidz.com or 786-873-1234.

Ages	7-15 years
Days	Tuesdays & Thursdays
Time	10:15 a.m.-1:00 p.m.
Location	Pool
Instructor	Liliana Montes
Session 1	June 11-27
Session 2	July 9-25
Session 3	July 30-August 8 (pro-rated)
Member Fee	\$360
Non-Member Fee	\$432



SWIM & SPORTS CAMP FOR PRE-SCHOOLERS

Swim Kids Swimming School presents a toddler and pre-school summer program offering quality instruction in a friendly, encouraging and safe environment with a certified lifeguard on duty at all times. Camp includes semi-private swimming lessons from an experienced instructor, open swim playtime, arts and crafts, and sports and recreational activities at the Village Green. In addition to developing important swimming skills, participants also will have fun with challenging water obstacle courses and water slides. Registration cannot be pro-rated and is required at least 3 days prior to beginning of the session to ensure proper staffing.

Ages	2½ -5 years
Days	Monday-Friday
Time	9:00 a.m.-12:00 noon
Location	Pool
Instructor	Swim Kids Instructor
Sessions	June 10-August 16 (no camp July 1-5)
Member Fee	\$280/week or \$80/day
Non-Member Fee	\$336/week or \$96/day



Summer Camp Programs



MVSA DANCE CAMPS

Back by popular demand, the Maria Verdeja School of the Arts (MVSA) will offer its summer dance programs. Spend a few weeks making new friends and having tons of fun while learning the latest jazz, ballet, lyrical and hip hop dance moves. Participants must register for the entire week. Additional materials fee is charged per 3-week camp and includes supplies.

Acro-Mania Camp (June 10-28) is for girls ages 6-13 who are seeking competitive acrobatics skills and some flipping good fun. Campers will build core strength and improve proficiency in tumbling, counter balance and stunts, all while having a blast with new friends.

Fashion Dance Camp (July 15-August 2) is for girls ages 4-13 who love fashion and dance. Campers will feel fabulous while getting creative and crafty with their style. They'll make outfits and accessories, learn to strut down the runway and show-off their skills on the catwalk at the end of the session.

Ballerina Camp (August 5-16) is for aspiring ballerinas ages 3-6. Young dancers will learn basic ballet technique, rhythms and creative movements. Each week is themed with costumes and crafts that allow little ones to get creative with their hands as well as their feet.



Days	Monday-Friday
Time	12:00-4:00 p.m.
Location	Island Room
Instructor	MVSA Instructors
Member Fee	\$200
Non-Member Fee	\$240
Materials Fee	\$40 (paid directly to MVSA)

Acro-Mania Camp

Ages	6-13 years
Session 1	June 10-14
Session 2	June 17-21
Session 3	June 24-28

Fashion Dance Camp

Ages	4-13 years
Session 4	July 15-19
Session 5	July 22-26
Session 6	July 28-August 2

Ballerina Camp

Ages	3-6 years
Session 7	August 5-9
Session 8	August 12-16



Summer Camp Programs

BROADWAY MUSICAL THEATRE TRIPLE THREAT SUMMER WORKSHOPS

Have you always dreamed of performing on Broadway? We can help you get there! The Broadway Musical Theatre Program presents an intensive summer workshop that is your first step to becoming a triple threat performer: an unparalleled actor, singer and dancer! Musical theatre classes bring the exciting world of Broadway to life. You will focus on scenes, songs and choreography from musicals old and new. Topics learned will include: bringing characterization to a song and choreography, defining a character, vocal techniques and mastering the various musical theatre techniques and styles. In the beginning levels, technique and style will be introduced in the three areas. In the more advanced levels, various styles, advanced techniques and vocal performance will be the focus. Every day the student will attend one hour of each class: *Broadway Dance*, *Broadway Voice* and *Broadway Acting/Audition*. At the end of each week, the students will present a showcase for their family with pieces from the Broadway shows they've learned during the week. These will include *Les Miserables*, *Phantom of the Opera*, *Newsies*, *Billy Elliot*, *Matilda*, *Cinderella*, *Beauty and the Beast*, *Wicked*, *Grease*, *Frozen*, *Descendants*, *Oliver* and more. Visit www.BroadwayMusicalTheatre.com for more information.



Ages	5-7 years (Group 1)
Ages	8-10 years (Group 2)
Ages	11-15 years (Group 3)
Days	Monday-Friday
Time	2:00-5:00 p.m.
Location	Dance Studio

Sessions	June 10-August 16 (no workshops July 1-5)
Instructors	Angelica Torres & Broadway Workshop Instructors
Member Fee	\$250/week
Non-Member Fee	\$300/week

SUMMER ENRICHMENT & EDUCATIONAL CAMP

BRAIN CAMP

Licensed school psychologist Valeria Fontanals and her team are offering a unique educational workshop to help your child succeed in school. This high-level program begins with a tailored plan for each child prepared after an in-depth interview with parents. Upon conclusion of the workshop, parents will receive a feedback session, including a report about performance results and recommendations for the school year. Students' cognitive and academic skills will be enhanced through fun games that teach speed reading and reading comprehension; intervention strategies to practice reading and writing skills according to each child's

learning style and brain-training games to work on attention, concentration and working memory. Pro-rating is not allowed. Students must register for the entire 2-week session. Maximum of 10 students per group.

Deadline to register is August 2. For more information about the camp, please contact Valeria@VSEducation.org or 786-393-7955.

Ages	K-5th grades
Days	Monday-Friday
Time	9:00 a.m.-12:00 noon
Location	Island Room
Instructor	Valeria Fontanals & Team
Session	August 5-16



Member Fee	\$600
Non-Member Fee	\$720

Youth & Teen Programs



MUSIC & CRAFTS

Kids Make Music – Family Time!

Give your child the gift of music while spending quality time with them! This program provides an opportunity for young children to experience, explore and create music in a relaxed and playful environment. Bring a sibling for free! Sessions run weekly unless cancelled with prior notice.

Ages	1 year and up
Days	Wednesdays & Saturdays
Time	11:00 a.m.-11:45 a.m.
Location	Island Room
Instructor	Angeles Padilla
Sessions	June 12-August 17 (no class July 3 or 6)
Member Fee	\$25 (1x/week) or \$40 (2x/week)
Non-Member Fee	\$30 (1x/week) or \$48 (2x/week)



Jewelry Design

Create customized, stylish jewelry that's ready for you and your friends to wear! Basic materials are included in the class fee.

Ages	6 years and up
Days	Tuesdays & Thursdays
Time	3:00-6:00 p.m.
Location	Second Floor Lobby
Instructor	Judi Koslen
Session	Ongoing
Member Fee	\$10 per class
Non-Member Fee	\$12 per class



YOUTH FITNESS & SPORTS

Triathlon for Kids & Teens

Tri4Kidz is the first youth-focused USA Triathlon Club in South Florida, encouraging healthy lifestyle choices through multi-sport training with an emphasis on fun. The program is open to children ages 6 to 15, and while previous experience is not necessary, participants should be able to swim 25 yards using the freestyle stroke, confidently ride a bike without training wheels and run for 10 minutes continuously. These athletic prerequisites ensure the safety and enjoyment of triathletes and coaches. Sessions include team practices divided by age groups, as well as a focus on individual goals. Participants must use a bicycle helmet and sign a liability waiver when registering. For more information, contact Coach Lilly at info@tri4kidz.com or 786-873-1234.

Ages	6-15 years
Days	Mondays & Wednesdays
Time	7:30-8:30 a.m. (Bike/Run)
Days	Tuesdays & Thursdays
Time	7:30-8:30 a.m. (Swim)
Location	Varies
Instructor	Liliana Montes
Session	June 10-27
Member Fee	\$195 (2x/week) or \$225 (3-4x/week)
Non-Member Fee	\$234 (2x/week) or \$270 (3-4x/week)



Youth & Teen Programs

Track & Field

Running, throwing and jumping techniques will be taught by collegiate and record-holding high school coaches. Pre-registration is required at the Key Biscayne Community Center. For questions or more information, contact Coach Paul at KeyBiscayneTrack@Gmail.com or 305-439-4182.

Ages	7-12 years
Days	Monday-Thursday
Time	4:00-6:00 p.m.
Location	Key Biscayne K-8 Center
Instructor	Paul Zuccarini
Session 1	June 10-13
Session 2	June 17-20
Session 3	June 24-27
Session 4	August 5-8
Session 5	August 12-15
Resident Fee	\$100/session or \$30/day
Non-Resident Fee	\$130/session or \$39/day



GYMNASTICS

Join the American Gymsters coaches and staff for an outrageously good time! Boys and girls of all gymnastics skill levels will have a great time working on the vault, beam, bars, floor and trampoline... along with other fun activities!

Ages	5 years and up
Days	Tuesdays and Thursdays
Times	
Beginners & Intermediate	4:30-5:30 p.m.
Advanced	5:30-7:00 p.m.
Session 1	June 11-July 11 (no class July 4)
Session 2	July 16-August 15
Member Fee	\$125 (once/week) or \$225 (twice/week)
Non-Member Fee	\$150 (once/week) or \$270 (twice/week)
Insurance Fee	\$70 (payable to American Gymsters)



Team Key Aquatics



Interested in joining TKA?

Please contact Coach Gaby at 786-200-6717 prior to registering.

Practice days and times are subject to change.



If you love swimming and are willing to work hard to develop and maximize your competitive aquatic skills, then Team Key Aquatics (TKA) SwimFit is definitely for you! Through aquatic sports, TKA strives to foster the growth and development of each athlete, regardless of age or ability, in a dynamic environment that encourages goal-setting, dedication, hard work, discipline and a personal commitment to the pursuit of excellence.

TKA's SwimFit is a conditioning program that mixes swimming, push-ups, sit-ups, squats and other functional movements. TKA athletes are coached to swim freestyle, breaststroke, butterfly and backstroke. The group workouts are short, highly intense and constantly changing, making them fun yet challenging. TKA coaches strive to make their athletes functionally fit.

For more information about TKA and the programs we offer, please visit www.TeamKeyAquatics.com and connect with us on Instagram @TeamKeyAquatics.



Days	Monday-Friday
Session 1	June 10-July 5
Session 2	July 8-August 2
Session 3	August 5-16 (pro-rated)

Member Fee	\$180 (1st swimmer)
	\$150 (2nd swimmer)
	\$75 (3rd swimmer)

Non-Member Fee	\$216 (1st swimmer)
	\$180 (2nd swimmer)
	\$90 (3rd swimmer)

Available Discounts:

- 1st swimmer receives \$50 discount if registered for all three sessions by June 14
- 4th swimmer is free of charge

SwimFit Crew: Pre-Beginner & Beginner

Days	Monday-Friday
Time	4:15-4:45 p.m.

SwimFit Crew: Beginner, Intermediate & Advanced

Days	Monday-Friday
Time	4:50-5:35 p.m.

SwimFit Crew: Intermediate, Advanced & Masters

Days	Monday-Friday
Time	5:40-6:40 p.m.



Swim Kids Swimming School

*Parents & Me: Ages 4-24 months

Ideal for babies, this Parents & Me class is an opportunity for parents to spend quality time with their children.

The instructor will introduce basic swimming and water survival skills. Each class requires a minimum of 3 children. Please check with the front desk for class days and times.

Turtles: Ages 2-3 years

Toddlers will be introduced to the basics of swimming and later learn freestyle strokes such as arrows, circles, airplanes, as well as dolphin and frog kicks.

Jellyfish: Ages 4-6 years

Once basic swimming and survival skills are mastered, children will learn fun mini-strokes such as arrows, circles, airplanes, back float, front float, dolphin and frog kicks.

Dolphins: Ages 7-9 years

The emphasis at this level will be on timing and swimming strokes.

Sharks: Ages 10 years & up

Advanced strokes are introduced at this level and then developed and refined, preparing the child for competition and a lifetime of physical endurance and fitness.

** Parents & Me and Adult classes begin when minimum registration numbers are met. Please call Swim Kids prior to registering to inquire about next start date and time.*

Class Options and Fees

Private Lessons (1 Swimmer/1 Instructor/8 Lessons)

Class Duration: 30 minutes

Member Fee \$400

Non-Member Fee \$480

Semi-Private Lessons

(2 Swimmers/1 Instructor/8 Lessons)

Class Duration: 30 minutes

Member Fee \$240

Non-Member Fee \$288

Group Lessons

(3-10 Swimmers/1 Instructor/5 week session)

Class Duration: 30-40 minutes

Once per week

Member Fee \$125

Non-Member Fee \$150

Twice per week

Member Fee \$200

Non-Member Fee \$240

Necessary Equipment

Bathing suit, bathing cap and goggles.

For questions or more information, please call Swim Kids at 305-262-SWIM (7946) or log on to www.SwimKidSchool.com.



GROUP LESSONS SCHEDULE: June 10-August 17

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00 p.m. Turtles	4:00 p.m. Turtles	4:00 p.m. Turtles	4:00 p.m.. Turtles	4:00 p.m. Turtles	10:00 a.m. Parents & Me
4:30 p.m. Jellyfish	4:30 p.m. Jellyfish	4:30 p.m. Jellyfish	4:30 p.m. Jellyfish	4:30 p.m. Jellyfish	10:30 a.m. Turtles
5:00 p.m. Dolphins/Sharks	5:00 p.m. Dolphins/Sharks	5:00 p.m. Dolphins/Sharks	5:00 p.m. Dolphins/Sharks	5:00 p.m. Dolphins/Sharks	11:00 a.m. Jellyfish
5:40 p.m. Turtles	5:40 p.m. Turtles	5:40 p.m. Turtles	5:40 p.m. Turtles	5:40 p.m. Turtles	11:30 a.m. Dolphins/Sharks

Swim Kids is offering a Swim & Sports Camp for pre-schoolers this summer! See page 11 for details.

Vero Yoga & Co. Adult Classes



EMPOWERING YOGA BY VERO YOGA & CO.

Empower yourself, get strong and get in shape, while bringing freedom to your mind with this empowering yoga program. All levels are welcome.

Key Biscayne resident Veronica Vidal is the founder of VeroYoga, a powerful blend of physical poses (asanas), breathing techniques (pranayamas), meditation and visualization techniques. "Vero" means true in Italian, VeroYoga means true yoga – traditional ancient yoga for people that live in today's world. VeroYoga's system invigorates, purifies and strengthens the body to move beyond physical and psychological barriers.

Veronica has been practicing yoga since childhood. She is certified as a yoga master by Sri Dharma Mittra from New York City. Her long list of yoga certifications include Ashtanga Yoga I, II and III; Forrest Advanced, Kundalini and Integral Yoga, among others.

Veronica studied in India at the Bihar School of Yoga. For over 25 years she has been under the personal guidance of the well-known yoga master from India, Swami Brahmaavidyananda Saraswati. She teaches her method through regular classes, training teachers, as well as in workshops in the United States and abroad. For more information, please visit www.VeroYoga.com.

Member Fee	\$18 per class or \$130 per ten-class punch pass
Non-Member Fee	\$21 per class or \$160 per ten-class punch pass
Location	Island Room
Instructor	Veronica Vidal
Session	Ongoing beginning June 10 <i>All classes are cancelled July 4-7 & July 28-August 18</i>

Gentle VeroYoga

This style of yoga is appropriate for anyone at any age or stage of life and in any physical condition: from beginners to advanced, including athletes in need of deep muscle restoration, people in search of stress-relief, seniors, pregnant women, as well as anyone dealing with injuries or specific ailments. Focus on enjoying the complimentary sensations of strength and surrender. Stretch and tone the body, improve agility and balance, and draw the focus inward to calm the mind.

Days	Tuesdays & Thursdays
Time	8:30-10:00 a.m.

Level I VeroYoga

This class stimulates flexibility and strength, oxygenation and health to every muscle, tendon, articulation and organ of the body. Main emphasis is placed on breath awareness to restore vitality, overall health and to induce a calm state of mind. All levels are welcome, including pregnant women and beginners. This class is a great complement for rigorous athletic training.

Days	Mondays, Wednesdays & Fridays
Time	8:30-10:00 a.m.

Level II VeroYoga

Take your yoga to the next level with this invigorating Vinyasa-style of VeroYoga. Be prepared to sweat, stretch and strengthen using this transformative method. Personalized attention assists you in promoting your total physical and mental well-being. This class is best suited for intermediate and advanced students.

Days	Sundays
Time	9:30-11:00 a.m.



Group Exercise & Yoga Classes

YOGA CLASSES

Considered both physical and mental therapy, practicing yoga has numerous benefits including improving flexibility, strength and muscle tone as well as managing stress and preventing disease. As a Community Center member, why not sign up for one of our cost-effective yoga classes and start reaping the health benefits today? No previous experience is required.

Ages	16 years & up
Location	Island Room
Member Fee	\$9 per class
Non-Member Fee	\$15 per class

Yoga with Arbey

You'll break a sweat in this fun and challenging class that will help you build strength and flexibility of both body and mind. Each class is designed with a combination of asanas from various styles of yoga.

Days	Mondays, Wednesdays & Fridays
Time	10:00-11:30 a.m.
Instructor	Arbey Quiceno

Yoga Core & Stretch

This class uses gentle yoga techniques and stretching to develop the abdominal core and improve flexibility. No previous experience is required.

Days	Tuesdays
Time	9:30-11:00 a.m.
Instructor	Arbey Quiceno

Power Yoga & Stretch

This class is designed to safely build a strong abdominal core through yoga techniques and stretching. Ideal for athletes and those interested in a mentally and physically challenging class. Participants will leave feeling energized and inspired.

Days	Mondays & Wednesdays
Time	7:00-8:30 p.m.
Instructor	Kerstin Eskeli

Days	Saturdays
Time	9:30-11:00 a.m.
Instructor	Melanie Lyons

GROUP EXERCISE CLASSES

The Community Center offers a variety of fun and affordable group exercise classes. The following rules and regulations are enforced to ensure the safety and well-being of our members.

- You must be at least 15 years of age to participate in a group exercise class.
- No person under the age of 15 may be in the room while a group exercise class is taking place.
- Bring your valid punch pass along with your ID to class.
- Always provide your name to the attendant when you attend a class.
- Classes may fill up quickly (especially spinning classes) so make sure to arrive early to secure your spot.
- Do not enter a class in progress unless the instructor has indicated you can do so.
- Please wear appropriate clothing and footwear. Open-toed shoes (including flip-flops) are not permitted.
- Yoga mats will be available for use. If you practice yoga regularly, you may want to consider purchasing a mat.
- Always bring a sweat towel and water bottle to class.

Class Descriptions

Body Sculpting—Body bars, hand weights and balls are used in this 55-minute class to tone all the major muscles in your body and increase muscle endurance.

Spinning—The ultimate indoor cycling experience. You control the resistance and cadence to make the class as challenging as you need it to be!

Latin—Work out Latin style with fun dance moves. An excellent class for all fitness levels and dance skill levels.

Step—This 55-minute class is devoted to non-stop cardiovascular exercise utilizing the step. This class is moderate-to-high intensity with some abdominal work.

Zumba—High energy and motivating music with unique moves and combinations makes this a fun and easy workout!

Group Exercise Schedule

The most current and up-to-date Group Exercise Schedule can always be found at the Community Center Front Desk or by visiting www.Activelslander.org.

Group Exercise Pass Prices

Single	
Members	\$9
Non-Members	\$15
5 Pack	
Members	\$35
Non-Members	N/A
10 Pack	
Members	\$60
Non-Members	N/A
20 Pack	
Members	\$100
Non-Members	N/A

Packages are not valid for yoga classes or non-members. Passes are non-transferable and non-refundable.



Senior Fitness Programs & Classes

HEALTHY AGING FOR OLDER ADULTS

The Key Biscayne Community Center provides programs that promote health and help prevent disease in older adults. We partner with the Active Seniors on the Key (ASK) Club, an initiative of the Key Biscayne Community Foundation, to create physical and social opportunities that improve the quality of life for older adults in our community.

Programs are taught by qualified fitness instructors who specialize in older adults. All Key Biscayne seniors are welcome to participate in these programs (some programs do have minimum age requirements). Advanced registration at the Front Desk is required to participate in all programs. For additional information, please contact Roxy Lohuis-Tejeda, Adult & Senior Programs Coordinator, at 305-365-8953.



FITNESS CENTER ORIENTATION FOR SENIORS

Senior fitness specialist and personal trainer Marilyn Myles will provide those with a Seniors' Membership at the Community Center with an orientation of the Fitness Center equipment and exercises appropriate for older adults. Please inquire at the Front Desk for the monthly schedule.



AFFORDABLE SENIOR FITNESS CLASSES

The Community Center is now providing the following classes at an affordable price with a punch-pass system that entitles participants to take any of these 3 senior fitness classes at their convenience. Passes are non-transferable, non-refundable and may only be used for the 3 classes below.

Ages	55 years & up	Member Fee	\$48 per 8-punch pass
Sessions	Ongoing	Non-Member Fee	\$58 per 8-punch pass

Yoga for 55 & Older

Yoga has been shown to help alleviate or reduce many health challenges. Armed with medical knowledge and the ability to modify poses to accommodate specific health issues, an experienced instructor helps students augment their energy and vitality, enhance range of movement, increase stability and improve respiratory systems. Class is limited to 12 students.

Days	Mondays, Wednesdays & Fridays
Time	8:00-9:00 a.m.
Location	Oasis Room
Instructor	Kerstin Eskeli

Splash! Water Workout

Splash your way into fitness with this fun and exciting water workout designed to be easier on your joints. Get fit in the pool while increasing your overall endurance and strength. This exercise class is guided by a senior fitness specialist and personal trainer.

Days	Tuesdays & Thursdays
Time	10:00-11:00 a.m.
Location	Pool
Instructor	Marilyn Myles

Boomer Boot Camp

Fitness after 55 just became more fun! Workout with balls, bells, bands and balance training aids in an "old school" format with "new age" results! This exercise class is guided by a senior fitness specialist and personal trainer.

Days	Tuesdays & Thursdays
Time	11:15 a.m.-12:15 p.m.

Senior Fitness Programs & Classes

A.S.K. Club Pickleball

FREE!

This fun paddle sport, which combines many elements of tennis, badminton and ping pong, was created for all ages and skill levels with simple rules making it easy for beginners to learn and fast-paced enough for experienced players. Registration at the Front Desk is required.

Dates	June 7-August 16
Days	Monday-Friday
Time	2:00-4:00 p.m.
Location	Gymnasium
Fee	Free

Improving Balance Through Tai-Chi

FREE!

Tai Chi is a centuries-old Chinese practice that exercises the mind and body through a series of gentle, flowing postures creating a kind of synchronized dance. All levels are welcome. Advanced registration at the Front Desk is required.

Days	Fridays (Island Room) & Sundays (Village Green)
Time	8:30 a.m.
Instructor	Marius Robinson
Session	Ongoing
Fee	Free

Enhance Fitness

Are you ready to get energized? Enhance Fitness is a low-cost, evidenced-based exercise program that helps older adults (age 60 and over) at all fitness levels become more active. Tested at over 80 sites nationwide, Enhance Fitness focuses on stretching, flexibility, balance, low impact aerobics and strength training exercises.

Days	Mondays, Wednesdays & Fridays
Time	2:00-3:00 p.m.
Location	Community Room (1st floor, Village Hall)
Instructor	Marilyn Myles
Session	April 29-August 16
Fee	\$160 (16 weeks)

Balance Chair Exercise Group

FREE!

Older adults are invited to this fun and interactive group that meets to exercise their minds, bodies and spirits. Enjoy a free cup of coffee and stimulating social interaction. Advanced registration at the Front Desk is required.

Days	Mondays, Thursdays & Saturdays
Time	10:15-11:15 a.m.
Location	Lighthouse Room
Instructor	Marilyn Kreisberg
Session	Ongoing
Fee	Free

A.S.K. Walking Club

FREE!

Join your friends and neighbors of the A.S.K. Club for a morning walk on the Village Green. Participants will be divided into two groups "speedy" and "steady."

Dates	Ongoing
Days	Tuesdays & Thursdays
Time	7:45 a.m.
Location	Village Green (by pavilion)
Fee	Free

Chair Yoga

FREE!

This new class utilizes the mind-body connection more effectively to help with stress, pain, fatigue, joint lubrication, balance and arthritis. Registration at the Front Desk is required.

Days	Wednesdays & Fridays
Time	10:15-11:15 a.m.
Location	Lighthouse Room
Instructor	Myriam Sitterson
Session	Ongoing
Fee	Free



Fitness, Health & Wellness Programs



Swimming Endurance

By promoting physical fitness, personal challenge, teamwork and social camaraderie, Swimming Endurance serves the needs of swimmers of all ages and at all levels with different workouts. For more information, contact Coach Lilly at info@tri4kidz.com or 786-873-1234.

Instructor	Liliana Montes		
Days	Monday-Thursday	Days	Tuesdays & Thursdays
Time	8:45-10:00 a.m.	Time	7:30-8:30 a.m.
Session	June 3-27		(for Competitive Swimmers & Triathletes)
Member Fee	\$155	Session 1	June 4-27
Non-Member Fee	\$186	Session 2	July 9-August 8
Days	Tuesdays & Thursdays	Member Fee	\$95
Time	8:45-10:00 a.m.	Non-Member Fee	\$114
Session	July 9-August 8		
Member Fee	\$97		
Non-Member Fee	\$116		



FLORIDA LICENSING ON WHEELS BY APPOINTMENT ONLY!

A team of drivers license representatives will be on hand to renew or issue replacements or duplicates of your driver's license and vehicle registration, issue new or replacement identification cards, complete out-of-state driver's license transfers and provide handicap decals. Call 305-365-8953 for appointments and information on needed documentation. *Note: Drivers license renewals can be completed up to 18 months in advance of the expiration date.*

Dates	Tuesdays: June 11, July 9 & August 13
Time	By Appointment Only
Location	2nd Floor Lobby



Adult & Senior Programs

TRIPS & TOURS

The Community Center Adult and Senior Services Division offers affordable excursions to exciting destinations and events throughout South Florida. Full payment must be received by the registration deadline. A refund will be provided only if the trip is cancelled. Contact Roxy Lohuis-Tejeda for more information at 305-365-8953.

McCarthy Wildlife Sanctuary

Get up close and personal as you encounter more than 200 animals as you enjoy a guided tour of the sanctuary. This is sure to be a trip you will remember for a lifetime, while helping to continue the care and rehabilitation of the sanctuary's present and future residents. Lunch on your own will follow the tour.

Registration Deadline: Friday, May 24

Date	Tuesday, June 4
Time	9:15 a.m.
Fee	\$40 (NRT)

Come From Away at the Arsht Center

Broadway's *Come From Away* takes you into the heart of the remarkable true story of 7,000 stranded passengers and the small town in Newfoundland that welcomed them. Cultures clashed and nerves ran high, but uneasiness turned into trust, music soared into the night and gratitude grew into enduring friendships. Don't miss this breathtaking new musical that's guaranteed to take you to a place you never want to leave. On 9/11, the world stopped. On 9/12, their stories moved us all.

Registration Deadline: Friday, May 31

Date	Wednesday, June 19
Time	6:30 p.m.
Fee	\$80 (NRT)

Day at Brickell City Centre

Enjoy a carefree day without the hassles of traffic and parking at Miami's newest and most exciting shopping destination. Brickell City Centre brings three levels of unparalleled shopping, and dining anchored by an ultra-modern Saks Fifth Avenue to Miami's Downtown area.

Registration Deadline: Friday, July 5

Date	Friday, July 12
Time	10:00 a.m.
Fee	\$5

Murder for Two at Actors' Playhouse

Mixing classic musical comedy with a dash of Agatha Christie, everyone is a suspect in this house of eccentric characters. Don't miss this zany madcap musical mystery loaded with killer laughs. Enjoy lunch on your own on Miracle Mile prior to the show.

Registration Deadline: Friday, July 5

Date	Wednesday, July 24
Time	11:30 a.m.
Fee	TBA (NRT)

Arsht Center Tour & Lunch

Enjoy a special tour of the Adrienne Arsht Center, the largest performing arts center built in the United States in the last three decades. The tour includes insider information about the Arsht's architecture, history and the many stars who have graced its stages, a mini Miami history lesson, dramatic views of Biscayne Bay and the Miami skyline, and the magnificent Miami-Dade County Art in Public Places site-specific installations created by renowned artists. Lunch will follow the tour and is not included in the trip fee.

Registration Deadline: Friday, July 25

Date	Monday, August 5
Time	11:00 a.m.
Fee	\$5

Overnight Trip to the Dalí Museum & the Chihuly Collection in St. Petersburg

Escape the heat and join us for an overnight artistic adventure in St. Petersburg. Upon arrival, we will visit the Dalí Museum, which houses the largest collection of Salvador Dalí's work outside of Spain. Later, stroll through the heart of St. Pete's downtown area, a beautiful sparkling waterfront featuring world-class art, shopping and dining. The next morning, admire Dale Chihuly's magnificent glass artwork at the Chihuly Collection and visit the Glass Studio and Hot Shop to watch glassblowers create original pieces – or even register to create your own. Lunch on your own will follow before departing for home.

Registration Deadline: Friday, July 26

Date	Thursday, August 22 to Friday, August 23
Time	8:00 a.m.
Fee	TBA



Non-Refundable Trip (NRT)

These trips require the advanced purchase of tickets. Full payment is due at time of registration and cannot be credited or refunded unless a replacement from the waiting list is available. Tickets are transferable.

Evening Trips Drop-Off Service

For trips that take place in the evening, transportation directly to your home at the end of the night is available at no extra charge. Please call 305-365-8953 to make arrangements.

Adult & Senior Programs



ONGOING PROGRAMS

A.S.K. Book Club

Attention all book lovers! Join your friends and neighbors for a literary afternoon at the Active Seniors on the Key (A.S.K.) Book Club featuring good books, good discussions and good people. Please bring your own lunch. Coffee will be served.

Dates	Mondays: June 3, July 8 & August 5
Time	12:30 p.m.
Location	Lighthouse Lounge
Facilitator	Katherine Vale
Fee	Free



Mind & Melody Music Program

Join this fun, therapeutic and educational music program, shown to provide social, physical and cognitive stimulation. Designed for individuals with or without musical training, the program consists of fun music theory lessons, performances, playing and creating original music! Young musicians from the community come together to teach interactive music sessions. All instruments and materials are provided to participants. Pre-registration is required for this free program.

Days	Mondays
Dates	Ongoing
Time	11:30 a.m.-12:30 p.m.
Location	Lighthouse Room
Fee	Free



Brain Fitness with Brain HQ

This brain fitness program will help you think faster, focus better and remember more. BrainHQ is an online brain-training program designed by an international team of neuro-scientists after 30 years of research in neurological science and related medicine. Pre-registration at the Front Desk is required.

Days	Mondays & Tuesdays
Dates	Ongoing
Time	12:00-2:00 p.m.
Location	Computer Lab
Instructor	Brain HQ Instructor
Fee	Free



Medicare Counseling – SHINE

Medicare advice is now available to Key Biscayne residents thanks to the Alliance for Aging's SHINE program. Every month ASK Club volunteers trained by the SHINE program will provide free, unbiased and confidential health insurance counseling to empower residents to make informed healthcare choices. For appointments please call 305-671-6356.

Days	Tuesdays
Dates	May 21, June 18, July 16 & August 20
Time	10:00 a.m.-12:00 noon
Location	Computer Lab
Fee	Free

“Crafty Needle” Sewing Group

Put your crafty hands to work! Join this group of busy bees as they make beautiful blankets, bags and other needed items for children and adults at local hospitals and residential facilities. No sewing experience necessary... just a kind heart and a giving spirit.

Days	Wednesdays
Dates	Ongoing
Time	12:30 p.m.
Location	Lighthouse Room
Fee	Free

Judi's Jewelry Class

Create customized, stylish jewelry! Choose from a huge selection of hot colors, textures and unique beads to make one-of-a-kind pieces. Judi Koslen has been sharing her jewelry-making expertise with Key Biscayners of all ages for decades. Basic materials are included in the class fee.

Days	Tuesdays & Thursdays
Time	10:00 a.m.-1:00 p.m.
Location	Second Floor Lobby
Instructor	Judi Koslen
Session	Ongoing
Fee	\$10 per class

Adult & Senior Programs

SPECIAL EVENTS

AARP Driver Safety Program

Back by popular demand! Take the 6-hour classroom refresher course especially designed for drivers age 55 and over and qualify for auto insurance discounts.

Date	Friday, July 26
Time	9:00 a.m.-3:00 p.m.
Location	Computer Lab
Fee	\$15 for AARP Members \$20 for AARP Non-Members

Summer Ice Cream Socials

Retreat from the summer heat and enjoy your favorite ice cream flavor and a mountain of scrumptious toppings following our weekly movie matinee.

Dates	Thursdays: June 13 & 27, July 11 & 25, August 8 & 22
Time	Following Movie Lovers' Cinema
Location	Adult Lounge
Fee	Free

End of Summer Bar-B-Que

Celebrate the end of summer with your friends and neighbors at the Community Center. Bring a dessert or beverage to share. A limited number of tickets are available. Reservations are required and can be made by calling 305-365-8953.

Date	Thursday, August 29
Time	12:00 noon
Location	Island Room
Fee	Free

Lunch & Learn

Increase your knowledge and understanding of the health and safety issues affecting our daily lives. Following the seminar, a light lunch will be served in order to give residents time to reflect and discuss the topic. Registration is encouraged to secure your spot.

Dates	Thursdays: May 2, June 6, July 11, August 1
Time	11:30 a.m.
Location	Adult Lounge
Fee	Free

Lunch with an Author

Join us for lunch with a different author as they discuss their latest works and sign copies of their books. This event is generously sponsored by the Village of Key Biscayne. Please register in advance at the Front Desk to secure your spot.

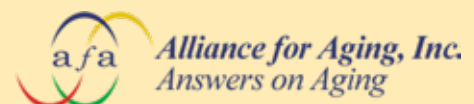
Dates	Thursdays: May 16, June 20, July 18, August 15
Time	12:00 noon
Location	Island Room
Fee	Free



Chronic Disease Self-Management Workshop Series

Become an expert in managing your health! In this 6-week series you will learn the skills to manage and cope with the symptoms of chronic conditions, such as high blood pressure, diabetes, arthritis and heart disease. The sessions are led by trained community health educators who will teach you the most effective ways to take charge of your ongoing health issues and help you achieve the necessary lifestyle improvements. A light lunch will be provided. Registration at the Front Desk is required. Program is limited to 15 participants.

Days	Tuesdays
Dates	June 11-July 16
Time	10:00 a.m.-12:30 p.m.
Location	Lighthouse Room
Instructor	Alliance for Aging Instructor
Fee	Free with Registration



Adult & Senior Programs – 50+ Corner

MOVIE LOVERS' CINEMA

Thursday Matinees at 1:30 p.m.

Enjoy recently released films selected by local residents for the viewing pleasure of all Islanders. To submit movie suggestions, please call 305-365-8953.

Days

Every Thursday

Dates

June 6-August 29

Time

1:30 p.m.

Location

Lighthouse Room

Fee

Free

Fridays – Classic Movies at 12:00 noon

Join us for a viewing of some of the most memorable classic films that define Hollywood's golden era.

Days

Every Friday

Dates

June 7-August 30

Time

12:00 noon

Location

Lighthouse Room

Fee

Free



GAME ON!

Retreat from the summer heat and spend a cool afternoon playing your favorite games with your friends and neighbors at the Community Center. Enjoy complimentary coffee or tea from our easy-to-use machine, catch up on the day's news by reading the various newspapers and magazines we have on hand, or simply watch the latest shows on our 70" television. Take advantage of these special amenities provided by the Village of Key Biscayne for our residents to enjoy!

Mah Jongg, Card Games & More

Interested in learning and/or playing Mah Jongg? Or perhaps engaging in a friendly game of Rummikub? Groups are forming on an ongoing basis. Call Roxy Lohuis-Tejeda at 305-365-8953 for additional information. Complimentary refreshments are provided.

Days

Tuesdays

Time

1:00-4:00 p.m.

Location

Lighthouse Room

Fee

Free

Afternoon Canasta

Join this newly formed group for a fun afternoon playing Canasta with your friends and neighbors. No previous knowledge of the game is required. Complimentary refreshments will be provided.

Days

Wednesdays

Time

3:00-6:00 p.m.

Location

Lighthouse Lounge

Fee

Free

Key Biscayne Domino Club

Join your friends and neighbors for a friendly game of dominoes... *y una tacita de café*. This fun club meets three times a week so you can brush up on your game or finally perfect it. Don't miss out on a chance to relax, socialize and take part in some friendly competition.

Days

Mondays, Wednesdays & Fridays

Time

2:00-6:00 p.m.

Location

Adult Lounge

Fee

Free

Bingo Mania

Enjoy an afternoon of games, fun and great prizes. A minimum of 6 games will be played with a winner-takes-all final round.

Days

Thursdays

Location

Adult Lounge

Dates

May 9, June 13, July 11 & Aug. 8

Time

3:30 p.m. (following the movie matinee)

Dates

May 23, June 27, July 25 & Aug. 22

Time

11:30 a.m. (light lunch will be served)

Fee

\$2 per card



Adult & Senior Programs



Boxing Program for Key Residents Fighting Parkinson's Disease

NEW!

Rock Steady Boxing is a non-contact boxing-style fitness program that improves mobility, balance, strength and quality-of-life for people fighting Parkinson's disease. Rock Steady classes have proven that anyone, at any level of Parkinson's, can actually lessen their symptoms and lead a healthier and happier life. This program is free of charge for Key Biscayne residents with a Parkinson's diagnosis. Must register before attending first class by contacting Roxy Lohuis-Tejeda at RLohuis@keybiscayne.fl.gov or 305-365-8953.

Days	Mondays & Wednesdays
Time	12:00-1:00 p.m.
Location	Oasis Room
Instructor	Rock Steady Boxing Instructor
Session	Ongoing
Fee	Free for KB Residents

Osher Lifelong Learning Institute at the KBCC

Take the next step on your journey through lifelong learning and join us for a new series of courses and lectures presented by the University of Miami's Osher Lifelong Learning Institute (OLLI). You will enjoy an extensive variety of programs in a relaxed and convenient learning environment, especially designed for those over the age of 50 who share a common understanding that life should be filled with continual intellectual growth and exploration. To learn more about OLLI at the University of Miami, please visit www.Miami.edu/Osher

Lectures – Free & Open to the Public

- 🌟 Wednesday, June 26 at 7:00 p.m.
- 🌟 Wednesday, July 31 at 7:00 p.m.
- 🌟 Wednesday, August 28 at 7:00 p.m.

For more information about the lecture and class topics that will be offered at the KBCC, please visit www.ActiveIslander.org



Special Events



THE LONGEST DAY: ALZHEIMER'S AWARENESS EVENT

Celebrated on the summer solstice, *The Longest Day* is held annually to honor those living with Alzheimer's and their caregivers, for whom every day is the longest day. We will be joining thousands of community organizations nationwide in order to increase awareness and support Alzheimer's disease care and research. A light lunch will be served.

Date	Friday, June 21
Time	12:00 noon
Location	Adult Lounge
Fee	\$5 (all proceeds will be donated to the Alzheimer's Association)



Photo courtesy of Leo Quintana

FOURTH OF JULY CELEBRATION

The big Fourth of July celebration is one of the highlights of summer on Key Biscayne. The day-long schedule of events begins with the traditional parade along Crandon Blvd. starting at 11:00 a.m. and presented by the Fourth of July Parade Committee. If you wish to participate in the parade, you can complete the entry form at www.KB4.org. The Rotary Picnic takes place on the Village Green immediately after the parade. The day concludes at sunset with the fireworks display. Tune into 88.9 FM WDNA to hear the fireworks music simulcast. This is a not-to-be-missed event for all residents, so make sure to mark your calendar.

Date	Thursday, July 4
Time	11:00 a.m.
Location	Village Green
Fee	Free Admission

Note: Community Center will be closed

VILLAGE OF KEY BISCAIYNE COMMUNITY CENTER

ACTIVE
islander



**Village of Key Biscayne
Parks and Recreation Department**
10 Village Green Way
Key Biscayne, Florida 33149
Telephone: 305-365-8900

*Visit us often for updates and
new information at*
www.ActiveIslander.org



Photo courtesy of Leo Quintana

